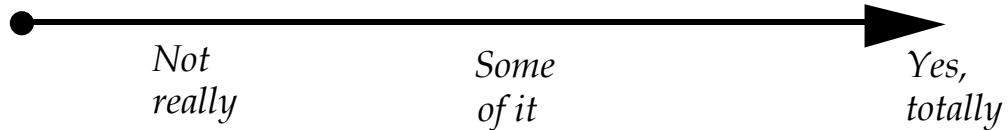
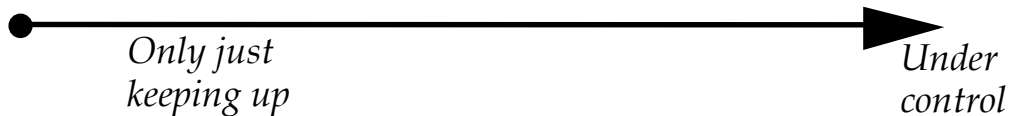


## The Big Picture of Time Management

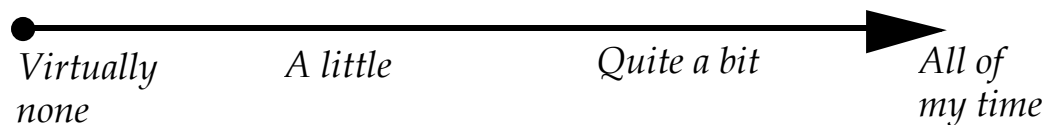
Am I achieving what I want to achieve in life?



Is everything under control, or am I running in a hamster wheel and only just keeping up?



How much time am I spending on the things that really matter?



If I discovered I had only six months to live, how different would my use of time be?



What is my current stress level, taking home and work as a total underlying level?

